



BOYS & GIRLS CLUB
OF SANTA CRUZ



**American
Red Cross**

Dates & Times:

- May 8th: 5-8:30
- May 9th: 9-4:30
- May 10th: 9-4:30
- May 15th: 5-8:30
- May 16th: 9-4:30
- May 17th: 9-4:30



Requirements:

- Participants must be 15 years old before the end of the course and be able to show proof of age at the beginning of class.
- 6 person minimum, 10 person max for the class; reimbursements issued **only if** minimum participation is not reached.

Course Prerequisites

- Swim 100 yds freestyle, 100 yds Breaststroke, 100 yds freestyle or Breaststroke continuously.
- Swim 20 yds, perform a surface dive 7-10 ft and retrieve a 10 lb brick, swim brick 20 yds to the start wall and get out of water under 1 minute and 40 seconds.

Cost: \$170

Price includes: Lifeguard Manual, CPR/AED for the Professional Rescuer Manual, First Aid Kit, CPR mask, and Certification fees.

This class is NONREFUNDABLE, we do not issue credit and class is based on first come first serve basis.

Registration information (send info to Brenda@boysandgirlsclub.info)

First Name _____ Last Name _____
 Email _____ Address _____
 City _____ State _____ Zip code _____
 Main phone number _____

Payment Information (Payment MUST ACCOMPANY registration)

If payment is made online please follow these instructions:

- Start on the Boys & Girls Club homepage (www.boysandgirlsclub.info)
- Click the Donation link at the bottom of the page
- Please select "Other Amount" and type \$170 in the box.
- In any of the three large boxes, type Lifeguard Class Fee
- Click Continue
- Type in the Cardholder Information and Credit Card Information.
- Click Process Now

Please email the Instructor, Emily, if you wish to challenge the course.
Em_al_lee@lycos.com